## Fall Back Into Recreation

# Program offering options based on your comfort level

- Online programs at the *Virtual Rec. Center.*
- Take it, Make it programs offered at designated pick -up locations.
- In-person programs in small groups, following ALL COVID-19 health & safety protocols.

## Winter Weather Cancellations

Cancellations will be announced on "WFSB" Channel 3 and on the Recreation Division's recording at 860.253.6420



## Season's Greetings!!!

As the calendar rolls to the last month of the year, there is no denying that the holiday season is upon us. Like the rest of 2020, the holiday season will be very different than in years past. The good news is, there are still a lot of seasonal activities that you and your immediate family can do safely to celebrate! Check out our holiday bucket list below...

## **COVID-19 Friendly Holiday Activities**

- \* Host a contactless cookie exchange.
- \* Have a holiday movie marathon.
- \* Host a virtual game night.
- \* Have a gingerbread house making contest.
- Host a virtual holiday party.
- Send holiday cards.
- Write a letter to Santa.
- Go for a drive and look at local light displays.
- \* Have a snowman building contest.
- Go sledding, ice skating or snow shoeing.
- \* Have a snowball fight.
- \* Have a candy cane hunt.
- Make a DIY winter bird feeder for your yard.

Please abide by all federal, state and local COVID-19 guidelines when participating in any recreational activity.

Happy Holidays!!

Alison Alberghini Recreation Manager

Look for the next issue of our newsletter on January 4th.

## **In-Person Recreation Programs**

### Adult Yoga

Ages 18+

Release stress and improve personal well-being this winter. Yoga will bring balance breath awareness, stamina and fle body and mind. Participants w k at their reeded.

Limit 2

**Dates** December 8-29, 2020

5 - 7:30 PM Time:

Fee: \$18.00 Residents (Enfield residents only)

**Location**: Enfield Annex Gym

Complete information can be found here.

#### **Small Group Pickleball Program**

Ages 18+

Looking for something active to do this winter? Have some fun playing indoor pickleball! Enfield adults can register for one of three indoor pickleball sessions this December. Limit: 4 per session.

Dates: Tuesdays, December 8-29, 2020 **Times**: 8:45 -10:15 AM | 10:30 - 12 PM |

12:15 -1:45 PM

**Fee**: \$10.00 per session (*Enfield residents only*) **Location**: Angelo Lamagna Activity Center

Complete information can be found <u>here</u>.

#### **Babysitter Safety Course,** Ages 11-16

This course will teach age appropriate skills necessary to care for children of all ages. This course will focus on safety with an emphasis on prevention. Topics such as diapering, personal safety and basic first aid will be covered.

Limit: 10.

Date: Monday, December 28, 2020

Time: 9:00 AM - 2:00 PM

**Fee**: \$75.00 Residents (*Enfield residents only*) **Location**: Angelo Lamagna Activity Center

Complete information can be found here.

## Martial Arts Clinics, Ages 3-10

Has your little one shown an interest in martial arts, but not sure it is for them? Join us and Integrity Martial Arts to allow them to be introduced to the basics of martial arts and character development topics. Limit: 6 per session.

Date: Saturday, December 12, 2020 **Time** (*Ages 3-5*): 9:00 - 9:30 AM **Time** (Ages 6-10): 9:30 - 10:00 AM

Fee: FREE!

**Location**: Integrity Martial Arts Studio

Complete information can be found here.

## **Preschool Letters from Santa**

Ages 6 and under



Bring the holiday magic to your little one with a special delivery from the North Pole! Santa is ready to spread holiday cheer this December by sending personalized letters to the little ones of Enfield. Santa is sending his special friend Jingles the Bear to deliver his letters and let his littlest fans know that he is thinking about them this holiday season.



#### **REGISTRATION**

**Dates**: Online December 4-14, 2020 Fee: FREE!

**Activity Number**: 3602.0102.201 **Location**: Online through *Activenet*  **PICK UP** 

Dates & Times: December 18, 8 AM - 4 PM

December 19, 9 - 10 AM

**Location**: Angelo Lamagna Activity Center

19 North Main Street

Online registration is required. After you register, call the Recreation Office at 860.253.6420, M-F, 8AM-4PM, to set up a time during the designated pick-up dates and times to receive your letter and bear. You must have an appointment to pick up. See complete details here. Limit: 25.

## **Virtual & Remote Recreation Programs**

## YOUTH HOLIDAY COLORING CONTEST

Get in the holiday spirit and show off your artistic talents this December!

#### The Details:

**Dates**: Entries accepted Dec. 1-21, 2020 **Age Groups**: 5 & Under | 6-8 | 9-15 **Winners**: Contacted by Dec. 23, 2020 *Open to Enfield residents only.* 

#### **How to Enter:**

- Color your favorite holiday/winter coloring page.
- Take a photo of the artist with their finished masterpiece.
- Send an email to <u>bfairman@enfield.org</u> and include a photo of your completed artwork, artist's name and age, parent's name and email address.

Complete information can be found <u>here</u>.

## **CT DEEP Virtual Programs**

The Connecticut Department of Energy and Environmental Protection (DEEP) is offering a variety of FREE virtual programs for folks of all ages. Check out below for some that may be of interest! Click the links for more information and to register.

#### **Riverside Reptiles**

Thursday, December 3, 2020 at 6:00 PM Family-friendly program designed to help you learn about the diversity of reptiles and their special needs for survival.

#### **Bald Eagles**

Sunday, January 10, 2021 at 1:00 PM Learn about the behaviors & history of bald eagles in Connecticut with Master Naturalist Ginny Apple & get inspired to go eagle watching.

Looking for something different? Click <u>here</u> for additional FREE virtual programs with DEEP!

### Take it, Make it Craft Kits

## **3D Gingerbread House**



## **Christmas Designer Panels**



#### Open to Enfield residents ages 7 years and older.

Crafts can be reserved beginning December 1, 2020.

#### The Details...

- These crafts are <u>FREE</u> and open to Enfield residents only.
- Crafts are available through December 23 or while supplies last.
- Call the Recreation Office at 860.253.6420, M-F, 8AM-4PM to reserve your craft (24 hour hold).
- Crafts will be available for pick-up at the Recreation Office located in the Angelo Lamagna Activity Center, 19 North Main Street, during regular office hours.
- Click here for complete program details.

## The Cooped-Up Crafts Cart FREE Activities for Kids!!!

Take it, Make it activities are great for those who are not comfortable attending an in person class, are unable to make an in person class or need an activity to fill their child's downtime with. This December we are offering a variety of Take it, Make it activities that correspond with the season and upcoming holidays.

#### FREE Take it, Make it options include (while supplies last)...

- Creative Play with Play-Doh
- CYO "Happy Everything" Spinners
   DIY Pins & Bumper Stickers
- Activity Pads & Stickers
- CYO Velvet Art Nutcracker Magnets
   Other Surprise Activities!
- ♦ Foam Art Santa Ornaments

- ♦ 3D CYO Ornaments
- Seasonal Activity Packs

### How to get a FREE Take it, Make it activity...

- Call the Recreation office at 860.253.6420 to reserve an activity (24 hour hold) and schedule a time for pick up.
- ◆ Stop by and see us at a pick-up event (weather dependent):

Wednesday, December 2nd, 11:00 AM -12:00 PM at the Rotary Playground, Middle Road Wednesday, December 16th, 9:30 - 10:30 AM at the Enfield Public Library, Middle Road Saturday, December 19th, 9:00 - 10:00 AM at the Angelo Lamagna Activity Center, 19 N. Main Street



#### **ENFIELD RECREATION DIVISION** 19 NORTH MAIN STREET

Phone: 860.253.6420

Email: Recreationsupervisor@enfield.org Website: www.enfield-ct.gov/recreation

Office Hours: M - F, 8 AM - 4 PM In person assistance by appointment.

## Virtual Rec. Center!

With the uncertainties surrounding the COVID-19 pandemic, we want you to know we are here for you! Our Virtual Rec. Center is available to you 24 hours a day, 7 days a week and contains a variety of free resources for you to use from the comfort and safety of your own home. From exercise and fitness, to enrichment activities and crafts, to virtual tours and more, we have over **50** different offerings. The best part? They're free! Check back for additional resources being added just for you! Check it out today here.



